

(Use several sheets if necessary)

Application Number

Filing Date

Group Art Unit

U.S. PATENT DOCUMENTS

[illegible]

FOREIGN PATENT DOCUMENTS

[illegible]

OTHER DOCUMENTS *(Including Author, Title, Date, Pertinent Pages, Etc.)*

		http://home.sprynet.com/~holtrun/halfmara.htm - Half Marathom Training, Running and Racing...Part Two, Anaerobic Threshold Training - Adapted from the training in: Buy Running Dialogue Today! by David Holt. (3 pages)
		http://k2.kirtland.cc.mi.us/~balbach1/aeroprin.htm - What is Aerobic Exercise and Why should I do it? by Lisa Balbach. (2 pages)

DATE CONSIDERED

EXAMINER: Initial if citation considered, whether or not citation is in conformance with MPEP Section 609; Draw line through citation if not in conformance and not considered. Include copy of this form with next communication to applicant.

